

旅行日

姚焯天 2C

今天是學校一年一度的旅行日，目的地是大埔海濱公園。我和媽媽一起參加。

媽媽一大早就起床準備我們今天的午餐，然後便和我一起回到學校。我們於八時十五分準時回到學校集合，不一會兒就登上旅遊車出發了。

到達目的地後，校長、班主任先和我們全班同學拍一張大合照，然後班主任就帶我們去到一片草地，並且找一個位置做基地，讓我們可以隨時找到他。安頓好後，我和媽媽四處參觀。這個公園裏有一座回歸紀念塔、昆蟲屋、露天劇場和海濱長廊等等。

我們遊覽過後，回到基地，不久就去參加二年級的傳球比賽。在比賽中，我班還得了亞軍呢！所有同學都非常高興。

比賽完結後，我和同學一起回到基地大草地玩耍。我們一會兒弓箭，一會兒追追逐逐，玩得忘記了時間。很快就到了回程的時候，各人都依依不捨地登上旅遊車離開。



有意義的成長綜合課

文洛妍 3A

四至六年級同學在本星期三至五去了教育營，而我們一至三年級則留在學校裏進行成長綜合課，當中令我印象最深刻的活動是「意外人生」。

這項活動要六至七個同學組成一組，每班約分為四組。每組選一個同學坐在輪椅上，假扮傷殘人士，讓另一位同學推着，全組人必須帶上「傷殘人士」一起尋找和記錄老師事先設定的句子。活動期間各組員需要輪流交換角色。

輪到我扮演傷殘人士時，我興高采烈地坐在輪椅上，讓同學在我身後努力地推着，帶着我一起去尋找句子。可是，我們的行動比平常步行速度慢，要到另一樓層時不能直接上下樓梯，需要乘搭升降機，非常不便。

這項活動令我深深體驗到傷殘人士在日常生活要面對的困難不少，以後我會多協助有需要的傷殘人士。假如我長大後能當上一名設計師，我一定會在公共場所設計一些方便他們活動的設施，例如：防滑斜台、大容量升降機等，希望能方便他們出行。

記一次教育營活動

馮玉婷 5A

今天是二月十一日，也就是我萬分期待的三天兩夜教育營。由於這已是我第二次參加教育營，因此所有的恐懼感已經拋於腦後。

我們一踏進這個極度陌生的營地，老師便給我們分配房間，並吩咐我們要自行把行李安置於房間妥當的位置。可是等我們七手八腳地把行李搬入房間，我們已經沒有時間細看房間內的設備了，只是隨手把行李放在一旁的椅子和桌子上。之後，便匆忙地又回到了演講廳準備開始今天的第一個活動。

營地導師謙老師安排我們和小組導師一起設計口號、組名和組旗。經再三考慮後，我們的小組導師「兔仔哥哥」和我們一起用簡單的畫筆開始在帆布上發揮無窮的想像，並以「關愛小蟹柳」作為我們這一組的組名。

「咕嚕!咕嚕!」我們的肚子已經開始大合唱了。我們吃過美味的晚餐後便進行今天的最後一個活動「關愛大使選舉」，我們玩得十分盡興，之後便回房梳洗睡覺了。

接下來的第二天，早上的步操、定向遊蹤和晚上的營火晚會還不錯，但是令我最深刻的就是共有十二個項目的「全城挑戰賽」，尤其是「生日快樂」這個挑戰項目，因為這個活動不但要我們扮演「啞巴」，還要我們站在窄小的平橫木上，然後依生日的日期(不包括月和年份)由大至小排列。由於我的生日是四月二十九日，我需要勇敢地跨過兩個人。當時我緊張得心怦怦跳，可是時間有限，在同學們不停地催促下，我只好緊閉雙目，等待掉在地上的一下，結果真是天助我也，我竟然踏穩了！真驚險！當導師們宣佈分數及冠、亞、季軍的時候，我們顯得格外緊張。雖然冠、亞、季軍不是我們，但是我們仍然收獲良多。

第三天，我們就會有一段兩小時三十分鐘的自由時間，我去了射箭和我從未試過的繩網陣，當我爬到頂端的時候，那種感覺令我畢生難忘。

可惜光陰似箭，歲月如梭，教育營結束了，我們只好乘旅遊巴回家去了。回想在這短短的三天我兩夜裏，我深刻地體會到面對挑戰時要勇於克服。



學校的運動會

李明俊 5B

在天朗氣清的二月十四日，我們在屯門鄧肇堅運動場舉行運動會。

當我們唱過悅耳的校歌後，比賽正式開始了。首先舉行的是五年級男生六十米賽跑。每位參賽者都精神充沛，我能預想道即將有一場龍爭虎鬥的比賽要上演了！「砰」的一聲，所有參賽者像離弦之箭一樣向前衝去！小希和小彥是最吸引觀眾目光的選手。他倆比其他參賽者跑得快，他們的腳都伸得很長，邁出的每一步都想令自己向前衝得更快。在緊急關頭，小希使用了他的「必殺技」——把頭垂下，務求最先衝過終點線。最終，小希最先衝過終點線。我們班立即歡呼起來。

吃過午餐後，就是五年級男生四百米的賽跑比賽了。只聽見「砰」的一聲，我和運動員們好像光速一樣向前跑去。這時，看台上的觀眾不停地高喊：「加油！加油！」並揮動啦啦球為我們打氣。在一片加油聲中，其他班別的運動員和我爭先恐後地跑着，不一會兒，場上便進入了白熱化階段。我吸取了上次「龜兔賽跑」的教訓，這次我再沒有鬆懈，雙手使勁地擺動着，撒開兩腿，以猛虎下山之勢把其他運動員甩了半圈，奮力向終點衝去。我班的啦啦隊也熱情高漲地為我吶喊：「加油！加油！」一定是生怕我像上次一樣掉以輕心。皇天不負有心人，我不負眾望地第一個衝過了終點，我們全班都歡呼起來。

過了一會兒，司令台宣佈得獎名單：「五年級 B 班小希破了六十米紀錄。五年級 B 班李明俊獲得四百米冠軍……」「太好了！」「真捧！」「太厲害了！」這些語句紛紛在我耳邊響起，我也為我班的小希驕傲呢！

運動會結束後，我彷彿聽到一些聲音：「明年再見。」我也在心裏回應他：「明年再見。」希望可以快一點到下一屆的運動會！

在這鳳凰花開的美麗時節，離歌聲徹，滿懷眷念之情的我一邊翻開我珍愛的小學相冊，一邊回想起這些年來的美好時光……

第一張映入眼簾的照片拍攝於四年級。這是一張我和三位同學在接力賽前的合影。我們摟着彼此的肩膀，臉上掛着燦爛的笑容。我猶記得當時的我因怯賽而渾身不適，是他們拍着我的肩膀，對我說：「一起加油吧！」、「不用怕！」、「嘿嘿，我也是第一次呢！」... ..這一句句親切又溫暖的話語紓緩了我緊張的心情。最後，因為我發揮得不好而得到了季軍，可她們不但沒有埋怨我跑得慢，反而笑着對我說：「我們下次再一起拿冠軍吧！」那一刻的溫暖，直到現在，我也不會忘記。

另一張是我在四年級時與一位學姊拍的合照。她與我肩並肩，臉貼臉地拍了張照片。因為那時她快要畢業了，我含着淚和她談心。我總覺得時間過得好快，彷彿離別的鐘聲隨時會響起，她安慰我說：「嘿嘿！雖然我快要畢業了，但是我們可以繼續保持聯絡哦！」她真的沒有食言，至今我們還保持着聯絡呢！每個星期我都會向她分享李金小學發生的逸聞趣事。

翻開相冊的另一頁，是一張我和幾位同學每人拿着一杯布丁的照片。記得那天開生日派對時，我要表演，當我回到課室後，發現我最愛吃的芒果布丁已經被大家一搶而空。正當我暗自失落時，他們遞給我一個布丁說：「布丁太搶手了，不過我們幫你留了一個哦！」一陣暖流湧上我的心頭。直到現在，那時的每一個笑容都深深刻在我的心底。

這一朵朵記憶的浪花，湧上心頭，淚水潤濕了我的眼角。那些美好時光這麼快就過去了，我捨不得朋友的鼓勵，捨不得同學的陪伴，捨不得我們生活中的點點滴滴和那最真摯的情誼……

An Unforgettable Experience

By Mavis Ma Hei Yuet 5A

I have an unforgettable experience. Do you know what it is? Let me tell you now.

My unforgettable experience is the amazing school camp. On the first day, I went to school excitedly. When I got to school, my class teacher asked me, 'Have you checked what you need to bring yet? Do you miss anything?' I took a look in my backpack. Phew! I did not miss anything. After all the students came back, we started our journey.

One and a half hour later, we were all ready to play the exciting game 'Crocodile River'. When we played this game, we used some big blocks to cross the 'Crocodile River'. All the members of our group needed to work very hard. We thought of all ideas but we still could not cross the 'river'. We failed because of James' fault. He made himself fall down many times, so we had to go to the starting point again and again.

We finally crossed the 'river', but we were the last group to finish. We got cross with James. We did not talk with him on the following days.

At the end of the camp, I learned something important, that is, unity is the strength towards success.



Singapore Student Exchange Tour

By CoCo Yip Hiu Tung 6A

Oh! Singapore is such a wonderful place to travel! We had a memorable time in Singapore from 7th April to 11th April!

On the first day, we travelled to Singapore by airplane. Flying on the plane was a joyful experience. We saw clouds that were as soft as a pillow in the sky. Also, the food in the Singapore Airport was delicious! After we arrived there, we went to Merlion Park. The Merlion is very lovely and cute like a doll, so we took a lot of photos with this famous statue in Singapore. At night, we went to Telok Ayer Market to have dinner. I ate a bowl of noodles with fish balls and drank a glass of watermelon juice. They were all yummy. After that, we went back to the hotel to have a rest.

On the second day, we went to our favourite place in Singapore. What was it? It was Universal Studios Singapore! We played lots of games including 3 kinds of roller-coasters. The one I liked most was “Mummy Roller-Coaster” because it was exciting. We could see mummies at first and then the real game began! Also, we played Jurassic Park Rapids Adventures twice. We played the most famous game in Universal Studios – Transformer – five times too! They were all so cool! After that, we went to see “Wings of Time”. It was so beautiful and well done!

On the third and the fourth days, we went to two schools to have exchanges with the students who also play hand bells. I learned more knowledge about playing hand bells and hand chimes because I did not know how to play before! Playing these instruments with my friends was very enjoyable! Also, I met 3 friends. They are Vrienne, Yue Qian and Andrea. They are very nice! We visited the Night Safari too. The animals there were very cute. Next, we went to Multicultural Journey to buy souvenirs for my parents and my friends. The souvenirs there were cheap and nice! Finally, we ate chicken rice for dinner! I think it is more delicious than Hong Kong’s.

On the fifth day, it was time to go back to Hong Kong. I was very reluctant to leave Singapore. I still missed Universal Studios very much! Most importantly, during this trip, I have learnt to show understanding for others when they do something wrong. Overall speaking, the three most impressive things in the trip were: going on the mummy roller-coaster, looking at animals in the Night Safari and of course, the exchange program with other students in different Singaporean schools.

I liked this trip to Singapore and I enjoyed it very much. Singapore, I will miss you!!!

A Day I Will Never Forget

By Yoyo Leung Ching Tung 6A

I went to Singapore from 7th to 9th April, 2015 with 19 students and 3 teachers. We went to Universal Studios on 8th April, 2015. How exciting it was on that day! I will never forget it!

When I arrived there, there were almost no other visitors except us because it was a week day. And I saw the logo “Universal Studio” at the entrance. We all took a photo together. Then we went inside and played some interesting, funny and exciting games.

First, we played on a roller coaster which was located near the river. We shouted and shouted because it was terrible and horrible. Then we played games at “Transformers”. We rode on a car and watched a 3D movie. We enjoyed the games very much. After that, we watched a show called “The Water World of Future”. The show made us all wet, but we understood that war were bad. They would make us sad at the end.

Next it was time to have lunch! I ordered a bowl of chicken rice, a plate of fried rice and a large cup of cola, and I shared them with my good friends, Angie and Yannes. We ate the lunch as fast as the cheetah because we were very hungry. After lunch, we went to play “Torren”. We heard the people yelling in the court of the “Torren”, so we went there. There were 9 people on each boat. “Yeah! Set off!” we all yelled. Suddenly, a heap of water sprinkled down from a high place. We all felt scared. When we arrived at the platform, we stood up and found we were all wet. However, we thought the “Torren” was so exciting that it stimulated us to play it five times! Ha! Ha!

When the sun went down, it was time to leave although we did not want to leave...

I love this trip very much. That was my most memorable experience. It was also a joyful experience! Singapore, I will be back!

Graduation Speech

By Ceci Chan Sze Wai 6C

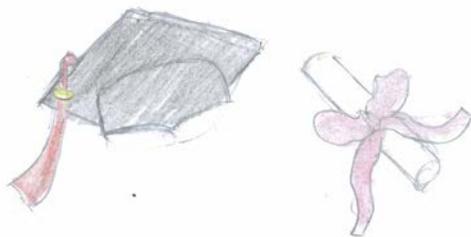
Hello, everyone. Today is the last day of us in primary school. There are some memories we will always remember and be thankful for.

The most memorable experience must be the Mathematics competition. Before it, we did a lot of exercises. Mr. Ng taught us and accompanied us for a long time. When we knew that we all got the prizes, we were excited and so pleased with ourselves. We are thankful to Mr. Ng for his patience and he taught us to improve our arithmetic skills. Thank you, Mr. Ng!

We will never forget when we went to Dongguan for study. We played and learned a lot during the trip. And you, Miss Sean, took care of us during the trip. We would like to give special thanks to you because you taught us to solve problems by ourselves and be independent. It was an enjoyable trip because of your teaching and care. We will miss you forever, Miss Sean!

Helping on the Open Day of our school was our most joyful experience. We needed to take care of the visitors and the kindergarten students. Miss Wong, thank you for your help. We were so proud of ourselves because we could take care of them! We could do it because you taught us to care for others, not to be selfish.

Finally, we give immense thanks to all our teachers. We will miss you all and always remember what you have taught us. Thank you so much!



Goodbye



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Summary of the Singapore Student Exchange Tour

By Melissa Lee Tsz Ching 6D

Singapore is a beautiful place. During this tour, we went to a lot of different places such as the Merlion Park, Universal Studios Singapore, Telok Ayer Market , Wings of Time ... The views were truly wonderful!

I have so many great memories from this trip! I will never forget the ride in the Night Safari. There were no railings on the car, so the people on the side were very nervous. Luckily, nothing happened and we could see a lot of animals. On the fourth and the fifth day, we played hand bells with Singaporean students. We exchanged gifts, phone numbers and e-mails. I still keep in contact with the girl who played C4, D4 with me by e-mail.

Making friends with other countries people is great! I hope I can go on a study exchange tour again!