

**【合奏“管”然樂 - 家長協調管教】**  
**家長講座系列**

地點：	九龍九龍塘沙福道十九號教育局九龍塘教育服務中心
時間：	下午 3 時至 5 時正
語言：	廣東話
<b>內容及舉辦日期：</b>	
講座(一) 家長協調管教的迷思	<p><b>內容</b></p> <ol style="list-style-type: none"> <li>1. 新一代男女兩性在管教角色上的轉變</li> <li>2. 虎媽貓爸—不同管教態度, 對孩子成長有何影響?</li> <li>3. 婚姻關係對孩子心理成長的影響</li> </ol> <p>日期：2016 年 5 月 11 日 (星期三) 地點：西座 W134 室 截止日期：2016 年 5 月 9 日(星期一)</p>
講座(二) 「代家長系統」的平衡	<p><b>內容</b></p> <ol style="list-style-type: none"> <li>1. 現時「代家長系統」的實況—家傭照顧與祖父母照顧的不同考慮</li> <li>2. 「代家長系統」失衡引致孩子成長的種種問題</li> <li>3. 如何建立健全的「代家長系統」</li> <li>4. 雙職家庭的管教考慮</li> <li>5. 享受「為人父母」的福份</li> </ol> <p>日期：2016 年 5 月 23 日 (星期一) 地點：西座 W301 室 截止日期：2016 年 5 月 19 日(星期四)</p>
講座(三) 家長協調管教(一)	<p><b>內容</b></p> <ol style="list-style-type: none"> <li>1. 管理自己情緒、管理孩子情緒</li> <li>2. 孩子學習的方法和原則</li> <li>3. 「我」的信息和積極聆聽</li> <li>4. 建立正面行為的管教技巧</li> </ol> <p>日期：2016 年 5 月 31 日 (星期二) 地點：西座 WP01 室 截止日期：2016 年 5 月 27 日(星期五)</p>
講座(四) 家長協調管教(二)	<p><b>內容</b></p> <ol style="list-style-type: none"> <li>1. 預防欠理想行為與情緒的管教技巧</li> <li>2. 處理欠理想行為的管教技巧</li> <li>3. 雙職家長的減壓措施</li> </ol> <p>日期：2016 年 6 月 6 日 (星期一) 地點：西座 WP01 室 截止日期：2016 年 6 月 2 日(星期四)</p>

**特別安排：**

- 如於當日早上十一時半或之前卸下 8 號颱風訊號, 或取消黑色暴雨訊號, 該日下午之活動/講座將會恢復。  
否則, 該日下午之活動/講座將會取消。

(請傳真至 27109970 / 23910470。)

致：家庭與學校合作事宜委員會秘書處

**【合奏“管”然樂 - 家長協調管教】**  
**家長講座系列**  
**報名表**

- 講座(一)：家長協調管教的迷思 [日期：2016年5月11日(星期三)]  
講座(二)：「代家長系統」的平衡 [日期：2016年5月23日(星期一)]  
講座(三)：家長協調管教技巧(一) [日期：2016年5月31日(星期二)]  
講座(四)：家長協調管教技巧(二) [日期：2016年6月6日(星期一)]

特別安排：

- 如於當日早上十一時半或之前卸下 8 號颱風訊號，或取消黑色暴雨訊號，該日下午之活動/講座將會恢復。否則，該日下午之活動/講座將會取消。

我/我們有興趣參加上述 講座(一)   
講座(二)   
講座(三)   
講座(四)

(請於適當空格內加✓)

參加人數：\_\_\_\_\_位

聯絡人姓名：\_\_\_\_\_ 先生/女士聯絡電話：\_\_\_\_\_

我/我們是\* 校長 / 教師 / 家長 / 學校社工 / 其他：\_\_\_\_\_ )

(\* 請刪去不適用者)

我/我們樂意從電郵收到「家庭與學校合作事宜委員會」的講座/活動資料。

我/我們的電郵地址：\_\_\_\_\_

(如曾提供電郵資料予秘書處則不需再次填寫。)

附註：以上提供的個人及其他資料，只會用作報名、統計、聯絡及發放講座/活動的資料的用途。

**Talk Series for Parents -  
Coordinated Roles of Father and Mother in Child Rearing**

<b>Venue:</b>	Education Bureau Kowloon Tong Education Services Centre, 19 Suffolk Road, Kowloon Tong, Kowloon
<b>Time:</b>	3 pm to 5 pm
<b>Language:</b>	Cantonese
<b>Contents and Dates:</b>	
Talk 1  Myths about the Coordinated Roles of Father and Mother in Child Rearing	<p><b><u>Contents</u></b></p> <ol style="list-style-type: none"> <li>1. Evolved roles of the two genders in child rearing</li> <li>2. “Tiger Mum and Cat Dad” - the influence of contrasting attitudes towards child rearing on child development</li> <li>3. The influence of marital relationship on the psychological development of children</li> </ol> <p><b>Date: 11 May 2016 (Wednesday)</b>  <b>Venue: W134, West Block</b>  <b>Enrolment Deadline: 9 May 2016 (Monday)</b></p>
Talk 2  Keeping Balance with the “Substituted Parent System”	<p><b><u>Contents</u></b></p> <ol style="list-style-type: none"> <li>1. “Substituted Parent System” in real life situations – implications of child rearing by domestic helpers and grandparents</li> <li>2. Problems of child development arising from the imbalance caused by the “Substituted Parent System”</li> <li>3. Developing a coherent “Substituted Parent System”</li> <li>4. Working parents’ considerations for child rearing</li> <li>5. The joy of being parents</li> </ol> <p><b>Date: 23 May 2016 (Monday)</b>  <b>Venue: W301, West Block</b>  <b>Enrolment Deadline: 19 May 2016 (Thursday)</b></p>
Talk 3  Coordinated Roles of Father and Mother in Child Rearing (I)	<p><b><u>Contents</u></b></p> <ol style="list-style-type: none"> <li>1. Self-management of emotions and managing the children’s emotions</li> <li>2. Methods and principles to facilitate the learning of children</li> <li>3. “I” message and active listening</li> <li>4. Parental skills of developing good behaviour</li> </ol> <p><b>Date: 31 May 2016 (Tuesday)</b>  <b>Venue: WP01, West Block</b>  <b>Enrolment Deadline: 27 May 2016 (Friday)</b></p>
Talk 4  Coordinated Roles of Father and Mother in Child Rearing (II)	<p><b><u>Contents</u></b></p> <ol style="list-style-type: none"> <li>1. Parental skills of preventing misbehaviour and negative emotions</li> <li>2. Parental skills of managing misbehaviour</li> <li>3. Ways to relieve pressure on working parents</li> </ol> <p><b>Date: 6 June 2016 (Monday)</b>  <b>Venue: WP01, West Block</b>  <b>Enrolment Deadline: 2 June 2016 (Thursday)</b></p>

***Contingency Arrangement:***

*In the event of typhoon or rainstorm warnings, an activity/talk to be held in the afternoon session will be conducted as scheduled if the Tropical Cyclone Warning Signal No. 8 or Black Rainstorm Warning Signal has already been cancelled by 11:30 am. Otherwise, the activity/talk in the afternoon session will be called off.*

(Please fax to 2710 9970/2391 0470)

To: Secretariat, Committee on Home-School Co-operation

**Talk Series for Parents -  
Coordinated Roles of Father and Mother in Child Rearing  
Reply Slip**

Talk 1: Myths about the Coordinated Roles of Father and Mother in Child Rearing

[11 May 2016 (Wednesday)]

Talk 2: Keeping Balance with the "Substituted Parent System"

[23 May 2016 (Monday)]

Talk 3: Coordinated Roles of Father and Mother in Child Rearing (I)

[31 May 2016 (Tuesday)]

Talk 4: Coordinated Roles of Father and Mother in Child Rearing (II)

[6 June 2016 (Monday)]

*Contingency Arrangement:*

*In the event of typhoon or rainstorm warnings, an activity/talk to be held in the afternoon session will be conducted as scheduled if the Tropical Cyclone Warning Signal No. 8 or Black Rainstorm Warning Signal has already been cancelled by 11:30 am. Otherwise, the activity/talk in the afternoon session will be called off.*

I/we\* would like to attend the following talk(s):

(Please put a ✓ in the appropriate box.)

€Talk 1

€Talk 2

€Talk 3

€Talk 4

No. of Participants: \_\_\_\_\_

Contact Person: Mr/Mrs/Ms\* \_\_\_\_\_

Contact Telephone Number: \_\_\_\_\_

My/Our\* statu: principal/teacher/parent/school social worker\*/

Others: \_\_\_\_\_ (Please specify)

I/We\* wish to receive information by email about talks/activities organised by the Committee on Home-School Co-operation.

My/Our\* Email Address: \_\_\_\_\_

*(Please leave it blank if you have already provided your email address to the Secretariat of Committee on Home-School Co-operation.)*

(\*Please delete whichever is not applicable)

Remarks: The personal data and other information provided above will only be used for the purposes of enrolment, statistical compilation, liaison and dissemination of information about talks/activities.